

Bridges to Recovery Receives Full State Licensing for Third California Residential Mental Health Treatment Facility

* Reuters is not responsible for the content in this press release.

Thu Jan 19, 2012 10:00am EST

Bridges to Recovery Receives Full State Licensing for Third California Residential Mental Health Treatment Facility

New Bel Air Facility Joins Santa Monica and Pacific Palisades Residential Facilities in Providing Private Mental Health Treatment

PR Newswire

BEL AIR, Calif., Jan. 19, 2012

BEL AIR, Calif., Jan. 19, 2012 /PRNewswire/ -- Bridges to Recovery, a Southern California-based private, residential mental health treatment program for adults with psychiatric disorders, was recently granted a permanent license for its third residential treatment facility, located in Bel Air. This new all-suites facility helps Bridges to Recovery meet growing demand for its services among its clients and others suffering from depression, anxiety, trauma or other mental health disorders, who seek an alternative to hospital care.

Following an intensive review by the State of California and the local authorities, Bridges to Recovery's Bel Air residence earned its final, permanent license by the Department of Social Services in December. The program is also certified by the Department of Mental Health and the Bel Air facility is therefore subject to regulation and unannounced inspection by two state agencies. Such certification and licensing is awarded only to those facilities that meet the highest standards for scope of services, staff education, staff-to-patient ratios and reporting.

"We're thrilled to receive this recognition from the State of California," stated Michael Brodsky MD, Bridges to Recovery Medical Director. "We know that consumers of residential care have many options, and we believe that this benchmark reflects our commitment to the highest standards of treatment quality and holistic patient-centered care."

The Bel Air residence offers clients their own living suites, more individual space and all of the creature comforts of a luxury home. Located in a park-like setting with a pool, fountains, and ocean views, the residence helps clients relax so that they may focus on developing new pathways to leading happier and healthier lives. The Bel Air facility joins two other Bridges to Recovery residential facilities, in Santa Monica and Pacific Palisades.

"The licensing process was a wonderful opportunity for our clinical team to illustrate to the different state agencies the integrative and cutting edge treatments we use to help the people who come to us bridge the gap from suffering to wholeness," explained Bridges to Recovery Clinical Director, Trevor Small, Psy.D.

Each Bridges to Recovery residential facility provides support to no more than six patients at a time, with an entire treatment team devoted to care and an industry-leading patient-to-staff ratio. The individualized, care administered to every patient over a

period of four to twelve weeks in a home-like setting, distinguishes Bridges to Recovery from more traditional psychiatric treatment environments.

Through a unique and effective combination of psychotherapy and integrative therapy, Bridges to Recovery has helped hundreds of patients across the United States and abroad lead happier and healthier lives since first opening its doors in 2003.

Bridges to Recovery offers its patients maximum choice and personalized attention. The treatment team at Bridges to Recovery employs a healing approach for patients focused on integrative and holistic treatments that include individual psychotherapy, group counseling and cutting edge therapies such as SE (Somatic Experiencing), EMDR (Eye Movement Desensitization Reprocessing) and DBT (Dialectical Behavioral Therapy). To treat the whole-person, these treatments are complemented by holistic therapies that include yoga, meditation, acupuncture, music, art, open-air fitness and nutrition. For more information about Bridges to Recovery, please visit www.bridgestorecovery.com or 1-877-602-0257.

Contact: Laura Finlayson, 201-465-8007, bridges@beckermanpr.com

SOURCE Bridges to Recovery